

KGBV - Best Practice and Success Story

Quality Food

Nutritious and hygienic food is ensured in all KGBVs. Standardized Menu chart in consultation with Coimbatore Avinashilingam University institute for home science and higher education for women. is followed in all the KGBV Schools. Kitchen garden is encouraged in KGBVs so that fresh vegetables like tomato, drumsticks, brinjal, fresh greens, etc., are used for cooking.



KGBV girls having quality food

Medical checkup and Insurance

Maintenance of good health among girls is given priority. For this periodical medical check-up is conducted once in a month in coordination with Primary Health Centre and Government Hospital.

A special “Group Insurance coverage” has been provisioned for all the girls of KGBV. The group coverage is for one year and Rs.58/- is paid as premium for each girl per annum. The benefits include

- i. Accidental death for 24 hours cover anywhere in India
- ii. Student – One lakh – Accidental death
- iii. Parent – [earning / non-earning] – one lakh – Accidental death
- iv. Inpatient hospitalization limit up to Rs.25000/- (per student due to accident)
- v. additional benefit of Carriage of dead body of student to place of residence
 - a. (2% of sum insured or Rs.1000/- whichever is less)



Medical checkup

Specific Skill Trainings

- **Vermicompost Training**

KGBV girls were given training in creating vermicompost. Vermicompost is the process of turning organic debris into worm casting. The worm castings enrich the fertility of the soil. This training was useful for the girls to prepare Vermicompost manure from the vegetable waste and dry leaves in the school premises. The vermicompost generated is used in the kitchen garden. This is a small step towards organic farming



Vermicompost Training

- **Spiral Binding and Lamination**

Spiral binding and lamination, a vocational skill is also imparted to the girls in KGBV. The spiral binding skills help them to bind their own books, project works, calendars etc., With the help of Lamination machine girls prepare covers for popcorn, labels and also laminate their ID cards and important certificates.



- **Train / Bus Ticket – Online Booking Training:**

To enable the KGBV children to experience technological advancement of internet usage and skill to book a ticket online, computer training on “online booking” of Bus and Train tickets was given. They are trained on how to book their tickets both in Train / Bus.



Online ticket booking

- **Guide Training**

Guide training is given to all the KGBV girls to develop physical and emotional maturity. It also aims to inculcate the social and universal outlook. in their tender minds They learn about scout and Guide history, flags, motto, symbols, songs, troop formation, details of award and camps. This training reinforced readiness, leadership quality, self confidence and patriotic spirit among the girls.



Guide Training

- **First Aid Training**

Doctors who were working in primary health centres and experts conducted the First Aid training. They explained about emergency treatments to the students and the medicines which are necessary to be kept in first aid box. All KGBV schools were provided First Aid box.

The Dos and Don'ts as explained by medical experts created awareness on the ways through which to save a life in emergency and critical situations.



First Aid Training

- **Gender sensitization training**

Gender sensitization helps to create awareness about the genetic basis of gender, girls rights, etc. One day gender sensitization training covering health, civil liberty and social issues pertaining to girls was imparted to all girls of KGBVs by experienced lawyers and doctors.

The lawyers explained the rights and duties of girls, child rights, RTE act 2009, child help line, child marriage act, right to property, Women Empowerment, and methods to safeguard themselves during emergency period.



Gender Sensitization Training

Doctors provided insight into various basic hygiene activities, awareness about gender specific disease (Cervical cancer, uterine infection), puberty,

menstrual hygiene, anemia etc., More over, health tips on food for teenage girls, food rich iron and calcium, vitamins etc., was also provided to the girls.

- **Life Skill training**

Life skill training was given to KGBV girl children to develop better and reinforce qualities such as personality, leadership qualities, positive attitude, self-confidence, self-esteem, punctuality, sincerity, problem solving, decision making, goal setting, behavioural change, shouldering responsibility, respecting elders, getting rid of fear, shyness and personal cleanliness,. A module "*Peenkan Thattil Parakkalame*" exclusively developed for life skill training is used for the training.



Life skill training



"Society and Me":

"Society and ME" an interaction training programme conducted to KGBV girls to motivate them and to achieve their higher goals in life. The old KGBV girls who have secured good position have been invited and utilized for sharing their experiences and achievement in their life.

Member of a well functioning Self Help Group near KGBV School were invited to participate in the training and they shared their experiences to empower women in village. This gave greater self confidence to the girls. Grandparents narrated fascinating stories to children to enrich them on the past history and cultural practices.

Science Exhibition:

Science exhibitions were conducted in all KGBV Schools as part of Rashtriya Avishkar Abhiyan activities.



Science Exhibition

Capacity Building (Self Defence Training)

As part of capacity building on techniques related to self defense KGBV girls are trained for a period of five months. For this purpose, a trainer in karate was appointed. Well scheduled syllabus was framed for conducting the classes. The classes are conducted with the duration of 1 ½ hours twice a week. The total number of classes scheduled was 40. After the completion of the training, feed – back from the children are collected to assess the outcome of the training.



Karate Training

State's Intervention to ensure Safety and Security of Girls in KGBV

SSA, Tamilnadu, has taken significant measures in ensuring the safety of the KGBV girls. In order to ensure safety and security for the children in schools and hostels of Tamilnadu, a separate Government Order G.O.Ms.No.31 dated 26.06.2014 has been issued which gives prime importance and top priority to areas like building safety, safety from fire and electric accidents, safe & pure drinking water, toilets, seating arrangements, first aid, nutritious food, medical checkup, and action to be taken on facing critical situations, Physical, mental harassment and punishment for children, negligence, hurting or teasing, sexual harassment. Based on the government order a detailed guideline from State Project Directorate, SSA was issued to all KGBV Schools to ensure safety and security for girls.

The following safety measures are followed in all KGBV residential Schools.

- ❖ CC TV camera to be installed in the entrance of the building in all KGBVs.
- ❖ Watch man is appointed in all KGBVs for day and night security.
- ❖ Well trained wardens are appointed in all the KGBVs. In addition to Warden, two teachers stay in rotation in the schools at night time, for helping the girls in emergency.
- ❖ The girls are sent out only with their parents or the person admitted by their parents.
- ❖ Parents and guardians are given identity card and the same should be produced when they come to meet their wards.
- ❖ No male is allowed in the KGBV hostels apart from the officials and parents.
- ❖ Fire safety system is maintained in the KGBVs. Fire extinguisher and sand filled buckets are placed where needed and the periodical renewal is done.
- ❖ The door to the way to terrace of the building should be always closed.
- ❖ Periodical maintenance for non insulated electric wires and repaired switch boxes are done.
- ❖ Circuit breakers are provided in all KGBVs to avoid short circuit fire.
- ❖ First Aid kit updated regularly.
- ❖ The campus is kept clean by removing the weeds & bushes.
- ❖ Group Insurance Coverage for the girls is provided
- ❖ Proper and clean toilet facilities
- ❖ As it is a residential school for girls, incinerator is available
- ❖ Policemen are engaged in patrol regularly.
- ❖ The girls have been imparted self-defense training.
- ❖ Periodical Health check up.
- ❖ Girls and teachers have been trained in first aid programme
- ❖ Child Help line number 1098 displayed in the notice board.



Provision of Compound wall & CCTV camera



Purified Drinking water & Fire extinguisher



Incinerator & Police man in rounds

A District level Safety Inspection team is formed. It comprises the Addl.CEO, APO, District KGBV Coordinator, Block Supervisor and SSA Civil Engineer.

- ♦ The team visited the KGBVs and view the Safety and Hygienic activities. They visited KGBV, two times last year. The team inspects all the critical areas viz., Toilets, Bathrooms, Over Head Tank, Kitchen, Septic tank, Ground level sump building, fire extinguishers, electrical connections, Condition of open well (Whether it is closed by grill) flooring, colour wash and Other facilities for safety.
- ♦ If any discrepancies are found in the KGBVs, rectification action was taken and correction report was also received.



Checking of water tank cleanliness

National Mean – cum – Merit Scholarship (NMMS) Scheme:

Every year, VIII standard girls studying in KGBV are encouraged to participate in National Mean cum Merit Scholarship Examination conducted by Directorate of Government Examination. All KGBV students were given training on how to prepare for the exam.

This exam consist of two types of tests of three hours duration.

Paper I – Mental Ability Test - 90 Marks

Paper II – Scholastic Aptitude Test – 90 Marks

The passed candidates are eligible for getting scholarship of Rs.500/- for every month from 9th to till they complete 12th standard.

For the first time in 2014-15, thirty four KGBV girls were successful in this exam. During the year 2015-16, thirty five KGBV girls have cleared the NMMS exam.

This appreciable achievement in turn motivates other children of KGBVs to perform well in studies.

State Level Assessment Survey (SLAS) in KGBV Schools:

State level achievement survey has been conducted every year in all KGBV schools for VIII standard children. To identify the achievement of children in subjects such as Tamil, English and Science SLAS test has been administered to class VIII. The result 61 KGBV schools in SLAS for the year 2015-16 is given below:



**KGBV girls are writing SLAS
Exam**

State Level Assessment Survey (2015-16)

Class VIII		Tamil (%)	English (%)	Maths (%)	Science (%)
State	All	73.65	67.18	70.20	66.72
	Boys	72.52	65.47	69.00	65.71
	Girls	75.20	68.13	70.41	66.97
KGBV	KGBV Girls	76.17	68.07	73.35	70.76

The overall performance of girls in KGBV indicates that in all the four subjects, KGBVs are above the State average performance of schools.

Tracking of KGBV Girls

The following table shows the status of completed KGBV girls in various classes.

Status of KGBV Girls in VIII Std and thereafter

Year	No. of Girls Appeared for VIII Std exam	No. of Girls Passed	No. of Girls mainstreamed	No. of Girls continued upto SSLC	Passed	No. of Girls continued upto XII	Passed
Dec-06	406	176	169	126	101	66	53
Dec-07	596	450	409	266	200	124	94
Dec-08	464	440	425	278	215	145	112
Dec-09	611	517	494	336	295	264	222
Dec-10	742	742	716	480	414	292	254
Mar-12	1259	1259	1229	763	669	166	141
Mar-13	1383	1383	1275	730	683		
Mar-14	1298	1298	1290	952	780		
Mar-15	1533	1533	1517				
Mar-16	1547	1547	1531				
Total	9839	9345	9055	3931	3357	1057	876

Further many KGBV Girls are continuing their college studies and few of them have successfully completed under graduate degrees in the field of Engineering, Nursing, Agriculture, Arts and Science, etc.,

Initiative for Research and Innovation in Science(IRIS) Workshop:

KGBV School girls participated in **Initiative for Research and Innovation in Science (IRIS)** program conducted by Intel-Learning Linkages to foster interest and confidence in learning science. Among the 7,000 students who participated at national level, 30 students were selected. Of those 30 students, 3 children were from KGBV school of Villupuram District. They were invited to New Delhi to receive THE EXCELLENCE AWARD.



KGBV Girls selected for National meet in karate

KGBV girls of Villupuram District participated in the 10th National open championship competition, held in KanyaKumari District. Students from all over India participated in the competition. 10 KGBV Students of Villupuram District participated and won various prizes and positions in the competition the top five winners were permitted to participate in the South India Karate championship held at Mumbai. It gives immense pleasure to say, that KGBV, Thiruvennainallur and Andrayanallur students Sujatha and Snega achieved the first place, Abitha and Surya of KGBV Won the second place and Poovarasi has got selected for stand by position in the competition. It is to be noted that even amidst economic constraints existing in the families of the above girls they have got opportunities to exhibit their skills in international arena which was made possible by SSA, Tamil Nadu.



Laurels to KGBV Girls in Karate competition

KGBV Students of Cuddalore District participated in the in the National level Karate competitions. They won first place in the competition conducted for the age group 10 to 11 and won second and third places in the age group 12-13. 15 girls of

KGBV, Veppanapalli, Krishnagiri District, participated in “Inter School Karate Competitions” held in Barugur during December 2015. 6 girls won prizes and all the 15 participants were appreciated and awarded certificates.

THIRD NATIONAL EVALUATION OF KGBV - TAMIL NADU Report

November 19 – 23, 2013

National Evaluation Team visited the KGBV schools in Namakkal and Erode Districts in November 2013. Highlights of the report as follows:

- ✓ All the officials and NGO staff at all levels were found to be well aware of all the guidelines and these guidelines were found being followed in the field.
- ✓ Strong commitment was observed at all levels in implementation of KGBV as per the guidelines. The coordination among different officials of the education department at state, district, block and school level was found to be strong.
- ✓ The monitoring system was strong as BRTEs visited KGBVs every week to provide academic support.
- ✓ Benefits of SSA and state schemes goes to girls of KGBV. As a result there is no differentiation between formal school children and KGBV girls.
- ✓ All the KGBVs reached out to the girls of most excluded community as envisaged in the scheme.
- ✓ KGBVs are actually providing services to the beneficiary groups as envisaged in the scheme.
- ✓ The 14 items distributed free to all school children is well publicised. This was also an attraction point for parents to admit children into the KGBVs.
- ✓ All the teachers were highly qualified and were committed to their work.
- ✓ All the parents were happy that their girls were enrolled in the KGBV and had got an opportunity to study.
- ✓ The team looked into the financial books and it was observed that the records were well managed.
- ✓ The teachers are aware about both ABL and ALM process.

- ✓ The team met with parents in 4 KGBVs. They spoke positively about the scheme. Parents were happy and shared that girls don't like going back home. The team observed that PTA and newly formed Mother committee was functioning well.

JRM visit 2014- report gist:

The Joint Review Mission visited to KGBV Thiruvannainallur block during October 2014. They evaluated the academic and non-academic activities of the children such as.

- ALM class methodology, implementation of the reading, writing and basic arithmetic skills.
- CAL centre has been visited where the students explained a project through Computer Aided Learning with utmost clarity.
- ✓ The aesthetic skills and creativity of the KGBV students has been revealed through their productive handicraft works were displayed and the team enjoyed the show expressing utmost satisfaction.
- ✓ Ensuring the best quality in accommodation, bedding, food menu, security measures etc., a heart whelming contentment and satisfaction expressed from the JRM team on the activities of KGBV.
- ✓ Lively interactions with the students and the teachers outsourced the holistic assessment of their effective teaching and learning capabilities.

