



BEST PRACTICES
OF
KGBV URAYAKONDA
ANATHAPURAMU

Health and hygiene

- Another important aspect that is taken care of in the school is One's personal hygiene. It is always said that **“A healthy mind lies in a healthy body**
- Personal Hygiene includes keeping oneself clean, wearing clean uniform, keeping one's surroundings clean, washing hands before eating etc
- Spraying water helps control dust in classrooms and play areas.
- Growing vegetables a plentiful and reliable water supply located close to the garden.
- Shady trees and bright flowers make a school an attractive place.
- CLEANING removes dirt and most germs. Use soap powder and water.
- Safe handling of drinking water and safe disposal of wastewater.
- Classrooms and other teaching areas are regularly cleaned to minimize dust and molds
- Solid waste is collected from classrooms and offices daily and disposed of safely
- Food for schoolchildren and staff is stored and prepared so as to minimize the risk of disease transmission
- Food handling and preparation are done with utmost cleanliness (hands are washed before preparing food).
- The school teachers check whether student's nails are cut properly and are clean. They also check whether students are wearing clean and washed uniform to the school
- Personal Hygiene also include good thinking. School also sees to it that students don't use bad words while speaking with other students
- Teachers also ensure that students wash their hands before eating food, as it is one of the most important part of personal hygiene.





Water Supply Facilities at School

- **Piped water** from a water supply network in the surrounding community is often the cheapest and most convenient. When the water is not provided 24 hours a day.
- **Shallow wells** with hand pumps or rope and bucket give access to groundwater, which is usually bacteriologically pure. However, the water must be tested
- **Rainwater harvesting** involves collecting rainwater from a catchment area.
- In school ground also available boor water pump and also available drinking tap

- Water is something that is very essential for everyone
- Being a school water is required for washroom purposes, cleaning purposes, washing hands etc.
- The school receives enough water supply to cater the needs of the entire school
- The water is not contaminated. Water that come is clean and hygienic





Drinking water facilities:

- The surrounding areas of drinking water sources are also kept clean to avoid mosquito breeding in contaminated water
- Drinking water stations with multiple water taps, placed at differing heights to accommodate students of all age groups.
- In school also available Ro plant and only use drinking of the children.
- Also available one tap in school building that tap use Chechen and drinking water for students
- In school also available boor water this water use drinking water when Use Ro-plant.
- Drinking Water is a must for everyone. There is a facility of safe and clean water. The students are provided with safe drinking water to drink
- There are water coolers in the premises where they get cool water to drink in summers
- The water is free from any kind of chemicals or contamination



Garden Facility:

- Greenery is very important to maintain the amount of fresh and good air. Plants are natural ventilators that purify the bad air into good air
- School garden can have many different uses and have been seen in many different ways, some practical and some educational.
- To provide a model of a mixed kitchen garden for the children.
- To improve diet and prepare healthy meals with garden produce.
- In my school all teachers explain to the students weekly one time about environmental awareness and understanding, respect for nature.
- School gardening and have positive attitudes and also available reading and playing games
- “That they feel ‘calm,’ ‘safe,’ ‘happy and ‘relaxed’ in the school garden.
- students participating in a garden program had increased self-understanding, interpersonal skills, and cooperative skills
- In my school Garden also available vegetables and fruits when arrange the healthy food for students. Develop children's understanding of vegetable production.
- The school premises has greenery all over. We also inculcate gardening in our routine. Teachers students and all the non-teaching staff are also engaged in gardening activities.
- The school has a beautiful garden that is well maintained by all the members



Hand washing facilities:

- They are taught the ways in which they should wash hands, in order to ensure that there are no germs.
- Hand-washing station with soap where younger children can easily reach it. Proper drainage of after every hand washing is ensured.
- Hand-washing facility located near toilet so that children are likely to wash their hands after defecation
- Hand-washing stations located near the toilet block, should always have soap for proper hand-washing.
- Also available out of the class rooms in bucket of water and very use full by children.
- Also available some taps beside the dining hall and toilets rooms.
- Some taps are available beside the Reading hall and Chechen room
- The surrounding areas of drinking water sources are also kept clean to avoid mosquito breeding in contaminated water
- Each and every child of the school knows that they have to wash their hands after using washroom, or after doing things that make their hands dirty. They also wash hands before eating food



Toilet maintenance

- Adequate number of urinals and latrines in accordance with the student strength.
- Running water available in all the urinals and latrines.
- Hand-washing stations located near the toilet block always have soap for proper hand-washing.
- 2 tap connections at different heights with running water, a wash basin with a mirror, provision for hanging garments, wall cupboard/an accessible place.
- Proper drainage for safe disposal of waste water from sanitary block
- Arrangement for safe disposal of all solid waste, ensuring environmental cleanliness
- Special arrangements for physically challenged.
- Doors should be sturdy and provide the necessary privacy
- Urinals for girls provide enough space to conduct her activities comfortably.



Change the Behavior:

- Many cultural activities conducted in school then performance the students in outside of the school
- Yoga and meditation classes conducted monthly in school
- Assignments and unit tests also conducted games in school
- Seminars and curricular also co-curricular activities conducted in school
- Conducted moral stories in our daily prayer
- About education Awareness and health awareness programs conducted monthly once.
- It is very important how we conduct ourselves in the society. We as a school teaches the students certain behavioral aspects
- Being a Part of “Sri Satya Sai Vidya Vahini” we teach our students moral values as well as teachings of Bhagwan Sri Satya Sai Baba
- We also teach them how to speak to elders with respect. How to behave when they are in front of teachers, how to wish “good morning”
- How they should conduct themselves in the society
- They are also taught prayers, as prayers are an integral part of one’s life. Prayers are the way to communicate to God.
- Students are also taught Yoga to maintain their Mental as well as physical health.
- Yoga helps the students to keep their mind fresh and free from social vices. It helps them to go on a right path

