

SAHITHA CLUBS(Inclusive Clubs)

What is Sahitha Clubs (Inclusion Club)?

An inclusive club ensures that all members have an equal opportunity to take part in all educational and social activities.

A club which is inclusive of CWSN is, *'one which has proactively planned the inclusion of CwSN in all aspects of the club and has taken practical steps to bring about positive change'*

As part of the Inclusive Education activity it is suggested that we introduce *Sahitha Clubs (Inclusive Clubs)* in all the schools of the state.



Peer support to CwSN in Sahitha Clubs



Inclusive games in Sahitha Clubs

Objectives:

- ✚ To provide school access to all the children with special needs.
- ✚ To provide necessary supporting services to the children with special needs in the context of education is the fundamental right.
- ✚ To reduce the gaps between the normal children and children with special needs in the context of universalization of education.
- ✚ To empower the teachers and parents to manage the CWSN in the process of education.
- ✚ To impart quality education to CWSN.

Brief description of the Innovation

Inclusive education means that all students attend and are welcomed by their neighborhood schools in age-appropriate, regular classes and are supported to learn, contribute and participate in all aspects of the life of the school. Inclusion is not just about placing CwSN in to mainstream classrooms, also create friendly environment, social access and peer sensitization for the CWSN.

Inclusive education happens when children with and without disabilities participate and learn together in the same classes. CwSN are always trying to overcome their disability by having self-confidence and feel competitive spirit with other children in the school. In this process, CwSN are required support from the teacher, parents, especially peer groups.

Social access to CWSN is a greater challenge as addressing equity issues in education compared to providing physical access as it requires an in-depth understanding of the various educational needs of CWSN and bringing about attitudinal changes at various levels and providing institutional support to sustain those attitudinal changes. A very important dimension of social access is discrimination. CWSN are subjected to many forms of discrimination. In this context, teachers and peers have a very important role to play.

Peer sensitization another group that plays a very crucial role in the context of CWSN is the peer group. CwSN studying in inclusive schools have unique experiences where they interact constantly with their non-disabled peers. It affects the development of their self-concept in areas related to academics, physical self, active self and social self.

Inclusion is not just about placing CwSN in to mainstream classrooms, it needs to have social access and peer sensitization to avoid exclusion and to create confidence levels of CwSN that they can achieve their goals.

The inclusion process is facilitated through support received from school, resource teachers, and parents. Specific challenges faced by CWSN in inclusive schools in terms of peer relationships and attitudes of regular teachers

It is very essential to develop good relations and understanding between the peer groups with CwSN and teachers. It makes the CwSN access all kinds of support from the teachers as well as peer groups. In this context, *Sahitha Clubs (Inclusive Clubs)* will fulfil the all aspects of CwSN support activities in the school and outside the school.

The *Sahitha Clubs* will meet twice in a month, Ones in every fortnight, for two hours and help the CwSN students who are facing Challenges to overcome the Challenges and make CwSN successful in Inclusion.

Sahitha Clubs will be headed by school Head Master, will have One Resource Teacher, One Teacher, PET, All CwSN of the School, five to Ten normal students of the school this depend on the strength of school and strength CwSN of the school ,Two members from Parents of CwSN and Two members from Parents of normal students. These people will informally meet up with the students every fortnight and give inspirational talks, involve them in different activities like inclusive sports, tournaments, cultural programs, inclusive exposure visits and discussions that will help the fight their own self against the Challenges.

The *Sahitha Clubs* will also invite successful Persons with Disabilities from the same Mandals/Districts to deliver Lectures how they have achieved their success in their lives. And The *Sahitha Clubs* will also organize inclusive sports tournaments, cultural programsetc, this is will be once or twice in a year.



Sahitha Club Meeting

Benefits of SAHITHA Clubs (Inclusive Clubs)

The benefits of “SAHITHA Clubs” (Inclusive Clubs) are numerous for both students with and without disabilities.

Benefits of Inclusion Clubs for Students with Disabilities

1. Friendships
2. Increased social initiations, relationships and networks
3. Peer role models for academic, social and behavior skills
4. Increased achievement of IEP goals
5. Greater access to general curriculum
6. Enhanced skill acquisition and generalization
7. Increased inclusion in future environments
8. Greater opportunities for interactions
9. Higher expectations

10. Increased school staff collaboration
11. Increased parent participation
12. Families are more integrated into community

Benefits of Inclusion Clubs for Students Without Disabilities

1. Meaningful friendships
2. Increased appreciation and acceptance of individual differences
3. Increased understanding and acceptance of diversity
4. Respect for all people
5. Prepares all students for adult life in an inclusive society
6. Opportunities to master activities by practicing and teaching others
7. Greater academic outcomes
8. All students needs are better met, greater resources for everyone

Conclusion: The inclusion process is facilitated through support received from school, resource teachers, and parents. Specific challenges faced by CWSN in inclusive schools in terms of peer relationships and attitudes of regular teachers

It is very essential to develop good relations and understanding between the peer groups with CwSN and teachers. It makes the CwSN access all kinds of support from the teachers as well as peer groups. In this context, *Sahitha Clubs (Inclusive Clubs)* will fulfil the all aspects of CwSN support activities in the school and outside the school.