

## **Report on Interventions on Water, Sanitation & Hygiene and Menstrual Hygiene Management in Schools**

**WASH in Schools project has been implemented by Sarva Shiksha Abhiyan, Andhra Pradesh in collaboration with UNICEF**

### **Background**

Sarva Shiksha Abhiyan, Department of School Education (DSE), Andhra Pradesh has been implementing a series of activities and schemes with the support of UNICEF to ensure improved and sustainable water, sanitation and hygiene (WASH) facilities in schools as part of Swachh Andhra Pradesh initiatives, which result in providing an enabling environment for children and contribute to achieve RTE-2009, Sustainable Development Goal 3 (Good Health), Goal 4 (Education) Goal 6 (Water, Sanitation) and also contribute to other international and national development goals. With the results of the various initiatives, the state stands at 2<sup>nd</sup> position in achieving Swachh Vidyalaya Puraskar 2016-17. Total 21 schools have received awards on 1<sup>st</sup> September, 2017 at Delhi. Addressing the gaps in water, sanitation and hygiene in schools and promoting Swachh Vidyalaya initiatives in all the schools in the state is one of the core areas of department ultimately contribute to the Swachh Andhra Pradesh.

### **VARIOUS INITIATIVES**

#### **Preparation of 8 chapters of training module on WASH in Schools**

To initiate WASH in Schools interventions as part of the project and also to coordinate various activities at state level, an internal committee has been formed with 6 members of team consisting Engineering section member, Health Consultant, Equity & WinS consultants from SSA and Consultants from UNICEF. The team prepare eight chapters of module on WASH in Schools by incorporating all the relevant and key components of Swachh Vidyalaya, Swachh Bharath, Menstrual Hygiene Management, Behaviour Change Communication, Capacity Building and other priority topics. The team also continuously coordinated different activities.

#### **State Workshop on Swachh Vidyalaya and Menstrual Hygiene Management**

As a strong entry point activity for the academic year 2017-18 for an effective implementation of Water, Sanitation and Hygiene and Menstrual Hygiene Management in Schools, a one-day state level workshop had been organized by the Education Department on 22<sup>nd</sup> of June, 2017 at Vijayawada as part of WASH in Schools project of SSA, A.P. and UNICEF. The event saw the participation of over 45 officials from the state and district education department, including POs, DEOs, EEs, JDs, ASPD and



State Technical Support Group Consultants from the education department.

**Output:**

- I.** An Innovative and effective implementation strategies were shared by the district education department officials on WinS & MHM in Schools were documented.
- II.** Sensitized officers on the aspects of SBSV & MHM guidelines are more confident and committed in implementing WASH in Schools and MHM guidelines at district and state level
- III.** Plan of action with timelines has been prepared on six key indicators on WinS & MHM

**Master Resource Persons' training program**

In continuation of the one-day consultation workshop organized for state and district level officials on 22<sup>nd</sup> of June, 2017, a 3-day State Level Master Resource Persons training on Water, Sanitation & Hygiene (WASH) and Menstrual Hygiene Management (MHM) has been organized by the education department from 12-14<sup>th</sup> September, 2017 at Vijayawada as part WASH in Schools project of SSA, A.P. - UNICEF. The event saw the participation of over 63 selected participants from 13 districts of Andhra Pradesh including DyEOs, SGTs, HMs and State project team from education department.



**Output**

- I.** Prepared a district specific action plan with the key indicators and time line by all the participants with the inputs of the commissioner, school education and other resource persons. The same will be reviewed and proceedings will be issued from the state to the districts to implement in coordination with district and state officials.
- II.** Sensitized master resource persons on the aspects pertaining to SBSV & MHM guidelines are more confident and committed in implementing WASH in Schools and Menstrual Hygiene Management guidelines at district level and state level and also will act as Swachh Vidhyalaya Puraskar monitoring committees
- III.** Plan of action and timeline has been prepared on implementation of training programs at district and mandal level and also to reach children finally.

## Mega training campaign and Global Handwashing day event



In continuation to the state level workshop and master training programs WASH & MHM has been organized for identified master resource persons from 13 districts of Andhra Pradesh from 12<sup>th</sup> to 14<sup>th</sup> September, 2017, a mega training campaign has been conducted from 10<sup>th</sup> to 12<sup>th</sup> at District, Mandal and School level and also celebrated the global handwashing day on 16<sup>th</sup> of October (Instead of 15<sup>th</sup> holiday), accordingly, proceedings issued to

the districts.

The trained Master Resource Persons state level has organized District level training programs for identified two teachers from each mandal in all the districts by covering total 1222 Mandal level resource persons from 668 mandals of Andhra Pradesh.

The trained Mandal resource persons intend, organized Mandal level trainings for one selected teacher / HM from each school by covering all the government schools in entire state, resulted in training of 42145 focal point teachers in state and placed at schools.



Trained focal point teachers have organized orientation programs on WASH in Schools in their respective schools on 12<sup>th</sup> and 13<sup>th</sup> of



October and also celebrated Global Hand Washing day in all the government schools on 16<sup>th</sup> October, 2017 (Except one district, announced holiday due to heavy rains) and by covering around 40Lakhs school children. All the school teachers, HMs, MEOs, DEOs, PO, SSA, key stakeholders and at state level State Project Director, Sarva Siksha Abhiyan, Andhra Pradesh along with project team have actively

participated and celebrated the event in different parts of the state.

### a. ToT on Menstrual Hygiene Management

Menstrual Hygiene Management (MHM) also one of the major component in WASH in Schools and specific guidelines are also issued by MoDWS to the states for effective implementation of MHM components. Six line departments' roles are clearly defined in the guidelines. Different programs are also implementing by National health Mission focusing on MHM. Proper MHM will promote health among girl students leads to increased attention and retention, hygiene behavior among students leads to maintain the safe measures during menstruations, control the severe infections and to attain a healthy youth age. To bring a great behavior change among girl students, two day Menstrual Hygiene Management training has been organized at Narasaraopeta by covering 74 girl students 37 teachers, and 5 project staff.

#### **Objective:**

To ensure improved Menstrual Hygiene Management mechanism in government schools in Guntur District with the following objectives.

1. Describe the physiology of puberty and menstruation
2. List the elements of good menstrual hygiene management (MHM) in school
3. Discuss the consequences of poor or inadequate MHM
4. Outline the main barriers/challenges to MHM in schools, and corresponding actions to mitigate these challenges:
5. Practice making sanitary pads/towels using locally available materials
6. To Enhance the capacities of students and teacher on MHM
7. To make a platform for students to raise their voices towards advocacy

Within a week of the completion of the training program, the trained peer group educators, with the support of trained teachers have organized sensitization programs in their schools and reached around 5000 adolescent girls with all the MHM key messages.

### **Swachh Vidyalaya Puraskar 2016-17**

The Swachh Bharat SwachhVidyalayaAbhiyan, (a WASH benchmarking system for schools supported by UNICEF), is a national level initiative to ensure improved and sustainable WASH facilities in schools. The Swachh Bharat SwachhVidyalaya was followed by Swachh Vidyalaya Puraskars in February 2016, which an award is winning scheme based on five-star benchmarking rankings for Government schools. These initiatives have led to increased focus on WASH in primary schools in the country; however two key challenges still remain on ground: firstly the capacity of teachers



and secondly the availability of funds for operation and maintenance of WASH facilities is inadequate.

For the swachh vidhyalaya puraskar 2017-18, with the continuous coordination of state team and trained resource team total 58360 schools are gone through the final submission status with 2<sup>nd</sup> position of highest number of entries in the country and around 93.3 percent of schools are applied with 3<sup>rd</sup> position in the country

### Highlights of the project

Activities	Outputs
A. Formation of Wins Committee	a) Draft 8 chapters of Module prepared and submitted to the SPD, SSA, A.P. by the committee members
B. State Level Workshop	b) 45 DEOs, PO, SSA, EE, JDs are sensitized on SBSV and MHM guidelines implementation
C. 3 day Master Resource Persons	c) 65 Master trainers are available at 13 districts of A.P.
a. Training on WASH & MHM	d) 1222 teachers are trained in all mandals of andhra pradesh
D. Mega Training Campaign	e) 48,45,102 children are trained and motivated key WASH messages
E. " Global HandWashing Day " event is organized in each school	f) 5000 students in Guntur districts, practicing Menstrual Hygiene measures
F. ToT on Menstrual Hygiene Management	