

## **HBE SUCCESS STORY OF ANN MARIYA**

**Block Resource Centre, Kundara**

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**Ann Mariya with Mother and Staff and students**

**Name:** Ann Mariya

**Age:** 7 years

**Gender:** Female

**Name of Father:** Sabu

**Religion:** Christian LC

**Condition:** CP

**Name of Resource Teacher:** Sreeja K

### **Family History of Ann Mariya**

Ann Mariya is a 7 year old girl child. She has a condition of Cerebral Palsy. When she was 3 months old, her parents recognized that she was suffering from Cerebral Palsy. So they provided her treatment, medications and physiotherapy in various hospitals. Allopathic and Ayurveda medications were given to overcome her condition. Ann Mary's father, Sabu and her mother, Kala, were from a middle class family and were graduated. She has an elder brother too.

### **Childhood History**

Parental history shows no significant problems. Natal history shows no problems and her delivery was normal.

### **Developmental History**

All developmental milestones were delayed. Her bowel control and bladder controls were normal. Gross motor and fine motor development was poor.

### **ADL History**

Development in ADL skills.

### **Language**

It was difficult for her to grasp language. She could not follow instructions and had difficulty to express her needs using language and signs. Sometimes she used the sound "Aaa" only for calling her grandma and that too only when she feels uncomfortable in her lying position. Through HBE Survey, Ann Mariya was recognized and selected to provide HBE services. On 02/07/2018, Sreeja K, Resource Teacher, BRC Kundara selected Ann Mariya as her HBE student.

### **Current Level of Child**

Ann Maryia, the 7 year old girl child with a history of development delay since her birth. On my observation the following conditions are noted:

- Poor neck control
- Squint positive
- Cannot hold neck properly
- Cannot hold objects with hands
- On examination, the muscle tone is hyper
- Co-ordination is poor
- Poor mid line orientation
- All mile stones are delayed
- Acquired neck control
- Can sit without external support for 15 minutes
- Five minutes eye contact also improved
- Can hold objects with support.

Ann Mariya was selected to improve her neck control and to make her able to sit with or without support

### **Technique used for Neck Control**

- Range of motion exercise
- Stretching
- Sensory integration technique
- Advised parents to do these regularly on all days

### **Technique used to Improve Sitting Skill**

- Neuromuscular facilitation
- Approximation (weight lifting by using legs)
- Stimulation therapy
- Achievement period: After 3 months

There were several factors that led to the success story of Ann Mariya. The advice of the physiotherapist, cooperation of the parents and cooperation of Ann Mariya were some such factors.