

# CASE STUDY ON VOCATIONAL EDUCATION TELANGANA



## Arshita talks about the practicality of Beauty and Wellness in everyday life and health

My name is Arshita. I study in 1st Year CEC in TSMS Tekulapally, Khammam District. I am currently studying Beauty and Wellness as a Level 3 student.

During the Trade Selection session, I wanted to take Beauty and Wellness instead of the other trade IT/ITES because I was genuinely interested in the course and I asked my father if I could do so. He told me that I could do whatever I wanted and supports me even today.



In Beauty and Wellness course, I not only learnt about beauty and its activities but also about the healthcare, skincare, hygiene and diet.

In Level 1 and Level 2, I learnt a lot of activities from which I like manicure, pedicure, mehendi, eyebrow threading and hairstyling. Now a days, I do facials, threading, mehendi at home and even for my neighbours specially when there are any weddings and festivals happening in the village. Right now, we are learning how to do facials and hair spa using proper techniques and equipment. I really enjoy doing the practicals and am always happy when we are working in the labs. Our vocational trainer Sushma makes it very easy for us to understand things and the reason behind why we need to do it. For example, we need to look after our skin and air out the pores once in a while by doing facials to retain our glow and take care of our skin. It is very easy for me to learn when it is demonstrated and in Beauty and Wellness our teacher does just that and we help each other by showing the process in itself.

In the future, I want to become an agricultural engineer. I know that it is no way related to Beauty and Wellness but I did not really think of taking the subject for the sole purpose of getting employed as a beautician Though I can still pursue Beauty and Wellness as a hobby for myself and for others, I know that I still can work on my employability skills just in case.

I really enjoy this vocational course and I thank my family, the principal and vocational teacher for their constant support and enthusiasm.