

Orientation of Mothers & Children On Right Decision



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Introduction:

Teens take potentially life-altering decisions every day. However most of them don't have the skill on how to take healthy or right decisions, as a result very often they puzzle in what to do and what not to do. Decision plays a vital role in the life of a child. No doubt sometimes, natural consequences can provide valuable life lessons. But as a well-wisher parents at home and teachers in school should be there to help them out from such critical situation.

Objective

Right decision plays an important role in the career as well as character building of a child. The bright future of a child depends on the decision he/she takes during his/her student life. It so happens one wrong decision spoils the child's life and turns it into a hell. The mother at home and teacher in school are the key persons who can guide a child in taking right decision in right time for which the teacher has to be well equipped with the concept of right decision. Keeping in view, it has been decided to organize an orientation programme for mothers, children and teachers on how to take right decision.

Strategy:

Direct interaction with the target group will have good result than any other means. In order to avoid transmission loss, a list of detail discussion points has been developed and circulated to all the Upper primary as well as High schools with an instruction how to organize the programme.

Target Group/Coverage Area

In order to strengthen the children as well as mothers on how to take right decision at right time, School Student Helpline had taken an initiation to organize an orientation programme of the parents along with their children on the said topic. The said programme was organized in all upper primary schools as well as High schools on 24th February 2018. All the children from class VI to X along with their mothers participated in the programme. A total number of 22679 schools have been covered under this programme.



Sapaneswar NUPS, Kendrapara, Odisha

The Introductory session started with an emphasis on the concept of adolescence. While explaining, the resource person highlighted that the period between the age group 13 to 19 is considered as adolescence period which is the transitional stage between childhood and adult. During this period a child experiences remarkable physical as well as psychological changes.

The above discussion followed by the behavioral changes that are marked during this period. Following changes are observed during adolescence period:



Manikyapuri PUPS, Ganjam, odisha

- A child tries to dismantle the things out of inquisitiveness and takes risk.
- Tries to do impossible things.
- Tries to violate the rule such as driving vehicle speedily without helmet.

- Tries to draw attention of others through getup or extreme behavior.
- Gives importance to the peers rather than parents. (Bunk the school)
- Easily motivated by the friends and involves in naughty activities such as bullying, teasing etc.
- Wants to exercise his/her independent thought (spending time as per own choice.)
- Tells lie to avoid confrontation with elders.
- Conscious about dress and get up that may not be accepted by the parents.
- Tries to stay out of the control of the elders particularly parents (Roaming till late night/outing with friends etc).
- Unable to distinguish between right and wrong which provokes to be way ward.



Interaction of parents on right decision in Jamda UPS, Mayurbhanj

- Becomes argumentative to make his stand right (blames teacher if he scores less marks).
- Irregular eating habits and sleepless night results negative impact on health.

While elaborating the behavioral changes emphasis was given on its impact (positive and negative) on the life of a child.

Positive Impact:

- The inquisitiveness attitude of a child creates an opportunity to establish him as a skilled workmanship.
- Development of creative thought.

Negative impact:

- Addicted to bad habits such as smoking, drugs, gambling etc.
- Wastes most of his valuable time without any fruitful result.
- Possibility of accident due to rash and careless driving.
- Involvement in unknown work may put him in trouble.
- Sometimes involves in malignant activity to fulfill revengeful urge.
- Sometimes takes wrong decision which spoils his future.

While explaining the concept of wrong decision, it was mentioned here that in adolescence period children are not able to judge properly and take wrong decision. Environmental situations in family, School and media are the main reasons behind taking wrong decision. Following are some of the major situations:



Gorumahisani UPS, Mayurbhanj, Odisha

Home/Family:

- Indiscipline family.
- If working mother could not spare time for her ward.
- Lack of proper understanding between parents and children.
- Unsocial behavior of the parents
- High aspiration of the parents towards their children without assessing the ability of the child(child should get 1st rank in class, he should be established as a doctor or engineer etc)
- Influenced by other family members.
- A child who is deprived of parental care.

- If there is gender disparity in the family.

School :

- Attitude of the teachers in school.
- If the negative behavior of the child is not rectified by the teacher.
- If the teachers neither understand the child nor explain the subject properly.
- If the child does not get proper guidance from the teacher.
- If the child does not follow the classroom teaching.
- If the mental condition of the child is unstable.
- Indiscipline behavior of the teachers in school.

Media:

- Publicity of objectionable posters
- Telecast of different violence and other adult programmes through different private channels.



Due to wrong decision most of the children face problems such as:

- Sometimes the child has to compromise with the situation forcibly (when he/she is unknowingly linked with naxlites/trafficking group etc.)
- The child gets immediately whatever he/she wants but in the next moment repents for his/her decision.(E.g If a child wants to earn money and gets along with some wrong group. No doubt he gets money, but when he/she realizes the situation, he/she cannot come out of it).
- Sometimes the child addicted to wrong habits (liquor/smoking etc.) for which he has to suffer throughout the life.
- Sometimes due to bad habits the child gets affected with harmful diseases.
- He/she tends to loose close relatives as well as friends.

The role of parent as well as teacher is very important in guiding a child how to take a right decision. Following are the points discussed vividly with examples to aware the parents and teachers how to check the negative behavior of children.

Role model: Usually children follow blindly either their parents or teachers. Hence prior to guide a child first, one should asses himself or herself how far he /she is right in that case.

Know the friend circle: As a parent one should have the knowledge that with whom the child is making friends. If possible parents should have conversation with the friends of their ward very often, so that they can know their planning and movement etc.

Rectification of behavior: Sometimes when the extreme behavior of a child hurts the family members or any unreasonable changes in the behavior of the

child is observed, parents should discuss with the child to know the reasons behind it through friendly discussion and try to rectify accordingly.



Petral Ashram School,

Monitoring of school activities: Each parent should make a habit of listening for a few minutes from their ward how he/she spends his time in school. By doing such, parents can get the information whether the activities of their children are in right way or wrong way and accordingly they can take steps to guide them.

Media influence: Sometimes electronic media such as T.V influences children negatively. Hence from the child hood parents should select the programmes which are to be watched by the children and if possible they should give company to the children. While watching, if any negative issues come they should discuss both positive and negative side of the issue so that the child realizes the right thing and receive accordingly.

The last discussion was done on the stages through which a child can draw conclusion about right decision. The stages are:

- 1st stage : setting of goal
2nd stage : identifying possible alternatives
3rd stage : Analysis of each alternative
4th stage : Choose appropriate and right alternative.

In order to give a clear cut idea about the stages resource persons have explained by taking day to day classroom situation:

Example 1

Goal : A teen age child from a poor family wants to earn money
To support his family.

Possible alternatives: a) Influenced by the peer group to indulge in
Gambling.
b) Free discussion with the parents
c) Run away from home in search of engagement
and adopt wrong means of earning money.

After listing the possible alternatives the resource person analyzed each alternative both from positive and negative point of view. The alternative which has maximum no of positive points is earmarked as good decision. In the above example the alternative against (b) has got maximum positive points and taken as good decision.

Example 2

Goal: A child wants to protect himself from the humiliation of the teachers.

Possible alternatives: a) Inform the parents about the behavior of the
Teacher.
b) Misbehave/ tease the teacher along with other
friends.

- c) Remain absent from school
- d) Attempt for suicide out of shame.

After analysing each of the above mentioned alternatives both from positive and negative, it has been concluded that discussion with parents is the right decision. If the matter is discussed with the parents, then parents will take care of it.

Conclusion:

Decision may be the turning point in any one's life. Wrong decision will make the life hell where as good and right decision will make the life heaven. Hence prior to taking any decision it is very much essential to analyse its pros and cons. Children from the age group of 13 to 19 take decisions whimsically which is to be taken care of by the parents at home as well as teaches in school.
