



# MID DAY MEAL SCHEME

## Local Chef Competition, Local Food Festival and Best Practice award for MDM in the state of Meghalaya



### Best Practice Award

To encourage proper implementation of Mid Day Meal Scheme, one of the districts has taken initiative by giving awards to schools which have started innovative practices like School Nutritional Garden, serving meals in lunch boxes, hand washing facility. The awardees were given certificates and mementoes.

### Local Chef Competition

The North East Slow Food and Agrobiodiversity Society (NESFAS) organized a programme known as “*Local Chefs Competition*” on the 23<sup>rd</sup> September 2019 at Mawmihthied Community Hall, East Khasi Hills with the objective of enhancing the Nutritional Diversity as a mean of supplementing the Mid Day Meals of primary school children using local resources.

In this programme, MDM cooks, cooks from the Integrated Child Development Services (ICDS) and youths from other four communities (Nongtraw, Umdiengpoh, Laitsohpliah and Dewlieh) under East Khasi Hills district also took part in the competition and produced a total of 37 dishes.

### Local Food Festival

On the occasion of World Food Day, the Mawmihthied Government LP School with the support from North East Slow Food and Agrobiodiversity Society (NESFAS) organized a programme known as “*Local Food Festival*” with a theme “*Indigenous food for healthy Diets*” on the 16<sup>th</sup> October 2019 at the school campus located in Sohra Sub Division, East Khasi Hills District.

The main objectives of this festival was to supplement Mid Day Meal Scheme using local Resources, promoting the local and slow food system, promoting the organic farming through School Nutritional Garden, inculcating in the children’s minds about the healthy foods. In this festival only local vegetables were used and they were brought by children from home. The festival is 100% vegetarian.